

# KALLES JUNIOR HIGH NEWSLETTER

501 7TH AVE SE—PUYALLUP, WA 98372 253.841.8729

*Kalles Mission Statement:*

*LEAD: Leadership, Empowerment, Accountability, Development*

January 2012

***Team Kalles: every student, every staff member, every home, everyday!***

## Inside this issue:

|                      |   |
|----------------------|---|
| Registration Info    | 2 |
| Key Dates to Know    | 3 |
| Athletic Information | 4 |
| Nursing News         | 5 |
| ZAP Program          | 5 |
| March Gladness       | 6 |

### *Important Dates!*

- Feb. 2nd—End of 1st Semester, Early Dismissal
- Feb. 6-10th—Penny Drive
- Feb. 7th—Ram Night, 4-7pm, Ram Restaurant
- Feb. 9th—6th Grade Parent Night, 6:00-7:30pm
- Feb. 13th-16th—7th/8th grade Registration
- Feb. 14th: Valentine's Day Pep Dance, 2:45-4:45pm
- Feb. 17th & 20th—President Day Weekend, No School
- Feb. 16th & 24th—9th grade Registration
- Night Soccer Game: 2/21 @ Sparks Stadium
- Apr. 2nd- 6th: Spring Break, No School

Dear Kalles Community,

As always, there is a lot going for your student and it's a busy time of year as we prepare to wrap up first semester and prepare for second semester. Our goal is to strive to help your child be successful during these transitions. Talking about transitions, we are also preparing for registration to begin within the next month or so, where your son/daughter will be choosing classes for next year. We encourage you to take the time to assist them in choosing classes that will prepare them for the future.

We encourage you to read all the materials and information that will be coming from the district regarding upcoming budget/staffing information and the selection of our new Superintendent. Needless to say, it is exciting times, but one that requires some key communication with all of us.

As always at this time of year, things are moving very quickly. We want to take the opportunity to thank all parents and guardians for your involvement in your student's education here at Kalles. More than ever, they need you to support them, encourage them, and inform them that you care about their academic success here at Kalles.

Mario Casello, Principal

## Assessment Info

This spring, in accordance with state and federal testing requirements, Kalles will be administering the state's assessment (MSP), which has replaced the WASL. The assessment will not take place until May. It will only test current 7th and 8th graders. We will be providing more information in our next newsletter in order to help you plan with your student.

## Attendance

Student Attendance: If your student is absent or late for any reason, please be sure to call the school before 9:00 a.m. If we don't make contact with a parent/guardian, the absence will be considered **UNEXCUSED**. We have an after hours recorder for your convenience. The number to call is [841-8729](tel:841-8729).

## 9th Grade Job Shadow

The Job Shadow is a high school graduation requirement that is being covered in the 9th grade. Students are working on the job shadow in their Life Issues class. Ms. Bova, Kalles Life Issues teacher, supervises students as they work on completing this requirement. If you have any questions, feel free to email Ms. Bova through her SWIFT site on our website.

# Kalles Junior High

## Kalles Bandland....

Page 2

WIBC (Western International Band Clinic) for November, 2011: Tiffany Nomakchteinsky, trumpet represented Kalles, along with many high school musicians from the northwest.

Junior All State (February 18, 2012 in Yakima, WA) - part of the WMEA (Washington Music Educators Association..... Katriel Looney, clarinet.

Wednesday, February 1st, is our annual Region 3 concert at PHS, in the gym. Performers will be our own concert band and our 6th grade elementary band. It starts at 7:00 pm!

Junior high instrumental solo and ensemble contest will be held on Saturday, February 11th, at Illahee Middle School in Federal Way. There are many Kalles band and orchestra members who will be performing solos and ensembles at this event. All family members are welcome to attend!

Our early spring band concert will be Tuesday, March 20th in the Kalles gym. Our own cadet band, beginning band, intermediate band, jazz band, and concert band will all be playing familiar tunes from the past! Concert starts at 7:00 pm. It will be a fun time for all!

*February 11<sup>th</sup> - Junior High Instrumental Solo and Ensemble contest at Illahee Middle School, Federal Way.*

*March 28<sup>th</sup> - Choir and Orchestra Concert*

## Registration for current 9th graders!

Puyallup H.S. The high school counselors will visit Kalles freshman on Friday, February 24th. Registration information will be distributed during their science class on that day. Registration materials will be collected by the counselor in the science classroom.

Emerald Ridge H.S. will send their counselor to Kalles on Thursday, February 16th. Students will be called from class to receive their registration materials and information.

Rogers High School will also register their 9th graders at Kalles on Friday, February 24th.

*\*Each high school will put on a curriculum fair at their respected school on Feb. 29th. Times to be determined.*

## Registration for current 8th Graders!

Current eighth graders registration will take place during the week of February 13th. Students will have over the weekend to return completed forms to their counselor. Remember, ninth graders are High School Freshman, earning high school credits. Mr. Williams, the 9<sup>th</sup> grade counselor, will be glad to meet or talk to you if you have questions regarding registration.

## Registration for current 7th graders!

Current seventh grade registration will take place during the week of February 13th as well. Students will have over the weekend to return completed forms to their counselor. Mrs. Jordan, the 7<sup>th</sup> grade counselor, will be glad to meet or talk to you if you have questions regarding registration.



## Social Networking & Texting Misuse

Each year we come across more student confrontations (harassment, name calling, threats, etc) through texting, and online services such as Myspace, Facebook or Springform outside the school day. Whether we agree or not with the use of these social outlets for our emotionally developing son/daughter, we understand that it is here to stay. We strongly encourage you to sit down with your son/daughter about the misuse of such social technology and to be consistently active in this aspect. Even though there are limitations to what a school can do with such misuse, as a school we have to try and deal with situations as they occur. We appreciate your guidance towards this to help your sons/daughters understand that these social networks are an unproductive way of expressing their teenage emotions and are kept on record even if a person tries to delete texts, pictures, or posts. Hopefully we all can help our youth be aware in the use of these social networks appropriately.

## End of Course Exams for Mathematics....

Under current state law, in order to graduate from high school, students must meet standard on both Algebra 1 and Geometry End of Course (EOC) exams. The EOC exams will be administered during the last three weeks of the semester to students who are enrolled in Algebra I or Geometry, as well as students who took Algebra I or Geometry in a previous school year. More information will follow regarding these assessments. If you have any questions, feel free to contact Kalles' administration or our counselors.

## Muffins For Moms

Muffins For Moms is an annual event that allows moms to come to breakfast with their kids and enjoy some outstanding Jazz music from the award winning Kalles Jazz Band. Mark your calendar for May 15th. Breakfast, which is free for moms, will be served from 6:45-7:45 a.m. along with free doughnuts and coffee. Start your day off right and come meet some other Kalles moms!

## Soda Representative

Any complaint of harassment or discrimination will be immediately addressed by our administration and/or security officer. Our site level office of diversity affairs (SODA) representative here at Kalles is Mr. Karle Pitts. Mr. Pitts and the administration will collaborate together on any complaints of harassment and discrimination. Our ultimate goal is for all students to feel safe and welcome during school. If you are aware of any harassment and/or discrimination, please contact the administration.

## Bowling League

Students at Kalles will be able to participate in bowling again this year. Signs up will be happening during the month of January. Students may form their own teams of up to 4 bowlers or may sign up individually and be placed on a team. Students may pick up bowling information from Ms. Wolff or Mrs. Hilmer. The cost of bowling will be \$64.00 if paid by the first day or \$8.00 every week. If finances are an issue, contact Mr. Williams. Bowling will be on Thursdays starting at 2:45 in February and March. Students must have their own transportation to and from the bowling alley. Students need to be picked up by 4:30 pm. You may contact Ms. Wolff or Mrs. Hilmer if you have any other questions.

## Second Semester Dates:

Second Semester IPR #4—March 22nd

Second Semester IPR #5— April 26th

Second Semester IPR#6—May 24th

2nd semester Ends—6/19

2nd semester Report Cards Mailed Home—  
TBD (can view in HAC by 6/22)

*\*Please see the Kalles website for more calendar dates!*

## Spring Musical:



**When:** March 15, 16, 17 at 7pm

**How much:** \$5 with ASB and elementary age students, \$7 without ASB and for adults.

**Annie Jr.** is presented through special arrangement with Music Theatre International (MTI).. All authorized performance materials are also supplied by MTI.

421 West 54th Street, New York, NY 10019, Phone: (212) 541-4684 Fax (212) 397-4684 [www.MTIShows.com](http://www.MTIShows.com)

Currently, Kalles athletes are participating in girls soccer and boys basketball. Please go to the Kalles website for game information and schedules.

Monday, April 9th will be the first practice for our 4th sport season, track. All athletes should clear with Mrs. Heagle prior to Spring Break.

If you have any questions regarding athletics please contact Linda Heagle @ [heaglele@puyallup.k12.wa.us](mailto:heaglele@puyallup.k12.wa.us). \*In order to clear for a sport your son/daughter needs to bring to Mrs. Heagle ALL of the following items:

-Athletic physical signed by your physician (an athletic handbook is available in the main office)

-Pages 11, 14, and 16 from the Student Interscholastic Athletic Handbook-

“white” emergency information card

Fees: To Mrs. Puncochar in the Office

ASB card (\$20) *Pay one time per year*

Athletic fee (\$30) *For each sport played*

\*If your child has already participated in a sport here at Kalles this school year, then all they need to do is to bring their white emergency card to the next season’s coach on the first day of practice and see the bookkeeper to pay their athletic fee.

---

## Summer Athletic Planning Meeting

If your student will be attending high school in September, 2012 and plans to play a Fall sport OR if they will be a 9<sup>th</sup> grader in the Fall and wish to try-out for the high school girls swim team, boys and girls golf, or boys water polo or tennis teams, then you need to make plans to attend this parent meeting. The meeting to **discuss summer athletic planning will be held on Monday, April 16, 2012 at each of the district’s three comprehensive high schools.**

The meetings, which are for **parents only**, begin at **6:30 PM**. in the Emerald Ridge, Puyallup, and Rogers high school gymnasiums. The event is designed to provide parents an early opportunity to receive communication from coaches about summer athletic plans, team camps, and training calendars. In this way, parents will have the information early in spring to help them as they plan summer vacations and family activities, said Rick Wells, director of athletics, health, and fitness.

The Washington Interscholastic Activities Association (WIAA) restricts schools from encouraging student athletes (out-of-season) to participate in a given sport, or from distributing information to athletes pertaining to a specific event or activity. Coaches are permitted to have one meeting with squad members prior to the opening day of practice to issue equipment and distribute information. The coaches plan to meet with student athletes at a later date; therefore, the **April 16** is for **parents only**.

More information, including other sports, in addition to basketball, football, and volleyball will be covered at the parent meeting, visit the school district Web site at [www.puyallup.k12.wa.us/studentprograms/athletic](http://www.puyallup.k12.wa.us/studentprograms/athletic) or contact the individual high school athletic directors.

# ZAP Program at Kalles



Z.A.P. (Zeros Are Prohibited) is a program intended to help students be successful in all of their classes. Many times, students are failing a class or have a lower grade due to missing assignments. Maybe the student has a very good reason for why they are missing assignments, i.e.: health issues, family arrangements, personal issues, etc. which has forced them to not be at school for a duration of time. Or maybe, students are not getting the assignments done for a variety of other reasons. In the end, they are missing assignments and it is affecting their overall grade. ZAP is a time to help them complete these assignments, remove that zero from their grade, and help them achieve success in class. We have student tutors available during ZAP to assist students on their assignments, if needed. We will have teachers coming and going throughout the time, checking in on students, assisting where needed. ZAP takes place every Wednesday morning from 7:30-9:30am in library. Please encourage your student to attend.

## Mr. Tyee Event: March 22nd!

Here at Kalles we put on a very special event titled Mr. Tyee! You may ask what is this about? It is an annual event that we utilize as a fundraiser to raise money for our school or another cause. The event highlights male students from a variety of areas throughout the school, such as: drama, band, choir, orchestra, every male sponsored athletic team, leadership class, and a high school athletic team that a Kalles student is a member of. The male students representing each area, compete in a variety of activities: the 1st entrance, impromptu question, password competition, expression of individuality through clothing and finally a talent competition.

The male students are escorted by a female student from each represented area or athletic counterpart. There are staff, district and community judges that end of choosing the winner of the event. Needless to say, it is quite an evening. Everyone is welcome to attend! The event is 6:00-7:30pm in our commons!

## Nurses News.....

Did you know February is Children's Dental Health Month? Visit the South Hill Mall, Saturday, Feb. 4th, 10–2 pm for a fun Children's Dental Health Day with free prizes. If your 7th grader received a dental referral during our October health screening, this is also a great time to make an appointment with your dentist. If you do not have a dentist or need help finding a dentist, do not hesitate to call the Kalles Nurse at 841-8729 or 253-272-9910 for low cost dental care.

For those with severe allergies or asthma, please consider an ID band that would help us help you in case of an emergency. Check out [www.engraved-medical-id.com](http://www.engraved-medical-id.com) , [www.RoadID.com](http://www.RoadID.com) , [www.creativemedicalID.com](http://www.creativemedicalID.com) or other sites for examples.

"I'm tired". How often to you hear that from your student? Cognition, safety, mental health and weight are all affected by inadequate sleep. 9 hrs of sleep per night is recommended for all teens. Establishing regular sleep/wake cycles, limiting technology use near bedtime, charging cell phones in a non-bedroom area are all positive sleep practice. Television viewing is associated with delayed sleep onset by reducing melatonin level which are essential in helping one fall asleep. (JOSN 10/11) Getting your child more sleep can help their school performance and reach/maintain a healthy body weight, providing for a more successful future.

Finally, I hope your new year included a resolution to start your day with a healthy breakfast. We know students, and for that matter, all people who eat breakfast do better, are more alert, more creative, perform better and have a better attitude about life. So, do the smart thing and have yourself a hearty breakfast. Stay well.

Michelle Windish, RN and Kim Keller, LPN



Puyallup School District  
Kalles Junior High  
501 7th Ave. Southeast  
Puyallup, WA 98372

Non-Profit Org.  
US Postage Paid  
Puyallup, WA

# Kalles Junior High Newsletter

## Sixth Annual March Gladness Coming to Puyallup

March Gladness is coming back in the spring of 2012: thirty-one days focused on caring, compassion, and service leadership when students all over the Puyallup District will have the opportunity to make a difference in their community and world.

March Gladness is the brainchild of a group of junior and senior high students from all ten Puyallup secondary schools. Their idea is to spend one month getting everyone to focus on helping and serving. Besides changing the world, their goal is to give as many young people as possible a chance to experience active citizenship and a positive connection with their community.

Prior to March, a list of service projects addressing real community needs will be developed. Volunteers will be recruited for each project from our schools and our community. During the month of March, the service will be completed by young people working alongside adults.

They hope March Gladness will cause us to: Gather together to build relationships, Grow in our knowledge of the world, Go out and become active citizens, Give something back to the community, Grant honor to others.

Today's students will be in charge of the world when we are old. March Gladness is about giving them the chance now to partner with adults to make a positive difference in our community. It is about giving them opportunities to develop the skills and the inclination they will need to become successful family members, workers, and citizens.

If you are interested in serving on our school's March Gladness Lead Team, please contact us or if you have a project you would like to have considered for the list, let us know. Contact Kalles administration for more information at (253) 841-8729.

---